Coverage for: Individual/Family | Plan Type: EPO

BlueChoice HealthPlan : Blue Option M / Silver 7350

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-855-816-7636 or visit us at www.BlueOptionSC.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 1-800-868-2528 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$7,350 / Individual or \$14,700 / family for in-network	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> and primary care services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$9,200 / Individual or \$18,400 / family for in-network	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.BlueOptionSC.com or call 1-855-816-7636 for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
If you visit a health	Primary care visit to treat an injury or illness	\$35 <u>copay</u> /office visit; <u>deductible</u> does not apply	Not Covered	Blue CareOnDemand <sup>SM</sup> Powered by MDLive covered at \$18 copay; deductible does not apply (Blue CareOnDemand is offered through MDLive, an independent company that provides telehealth hosting and software services on behalf of BlueChoice)
care <u>provider's</u> office or clinic	Specialist visit	\$80 <u>copay</u> /office visit; <u>deductible</u> does not apply	Not Covered	None
	Preventive care/screening/ immunization	No charge	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	50% coinsurance	Not Covered	Preauthorization is required.
	Imaging (CT/PET scans, MRIs)	50% coinsurance	Not Covered	
If you need drugs to treat your illness or condition  More information about	Tier 1 Tier 2	\$35 copay/retail prescription; \$70 copay/mail order prescription  \$60 copay/retail prescription; \$120 copay/mail order prescription	Not Covered	You will have to pay more if you select a non-generic drug instead of its less expensive Covered generic drug (or Covered over-the-counter alternative).  Deductible does not apply
prescription drug coverage is available at https://www.blueoptions c.com/formulary	Tier 3	\$80 <u>copay</u> /retail prescription; \$160 <u>copay</u> /mail order prescription	Not Covered	
	Tier 4	\$300 <u>copay</u> /retail prescription; \$600 <u>copay</u> /mail order	Not Covered	

<sup>\*</sup>For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-868-2528 or visit us at <a href="https://www.BlueOptionSC.com">www.BlueOptionSC.com</a>

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider	Out-of-Network Provider	Information
		(You will pay the least)	(You will pay the most)	
		prescription		
	Tier 5	\$300 <u>copay</u> /retail prescription; \$600 <u>copay</u> /mail order prescription	Not Covered	Specialty medications are not available through the mail order program for a 90-day supply. This only applies to generic or brand drugs in these tiers.
	Tier 6	\$300 copay/retail prescription; \$600 copay/mail order prescription		Not Covered: Drugs designated as excluded on the Prescription Drug List.  Deductible does not apply
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	50% coinsurance	Not Covered	Preauthorization is required. Freestanding Ambulatory Surgical Center covered at \$200 copay; deductible does not apply.
	Physician/surgeon fees	50% coinsurance	Not Covered	Preauthorization is required
	Emergency room care	50% coinsurance	Not Covered	In order for Emergency Room care to be covered, care must be for an Emergency Medical Condition
If you need immediate medical attention	Emergency medical transportation	50% coinsurance	Not Covered	Special rules apply to air ambulance
	<u>Urgent care</u> \$50 <u>copay/visit;</u> <u>deductible</u> does not  Not Covered  apply	Must be at a participating Urgent Care provider.		
If you have a hospital	Facility fee (e.g., hospital room)	50% coinsurance	Not Covered	Preauthorization is required
stay	Physician/surgeon fees	50% coinsurance	Not Covered	None
If you need mental health, behavioral health, or substance	Outpatient services	\$35 <u>copay</u> /office visit and 50% <u>coinsurance</u> for other outpatient services	Not Covered	Some services require <u>Preauthorization</u> except for urgent care.
abuse services	Inpatient services	50% coinsurance	Not Covered	Some services require <u>Preauthorization</u> except for urgent care.
If you are pregnant	Office visits	0% <u>coinsurance</u> ; <u>deductible</u> does not	Not Covered	Preauthorization is required Home births are not covered.

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Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
		apply		
	Childbirth/delivery professional services	50% coinsurance	Not Covered	
	Childbirth/delivery facility services	50% coinsurance	Not Covered	
	Home health care	50% coinsurance	Not Covered	Preauthorization is required; 60 visits/year
If you need help	Rehabilitation services	50% coinsurance	Not Covered	Preauthorization is required; 30 visits/year. Includes physical therapy, speech therapy, and occupational therapy
recovering or have	Habilitation services	50% coinsurance	Not Covered	30 visits/year
other special health	Skilled nursing care	50% coinsurance	Not Covered	Preauthorization is required; 60 days/year
needs	Durable medical equipment	50% coinsurance	Not Covered	Preauthorization is required; up to purchase price
	Hospice services	50% <u>coinsurance</u>	Not Covered	Preauthorization is required; 6 months per episode
If your child needs dental or eye care	Children's eye exam	\$15	Not covered	One comprehensive exam every Benefit Period. Refer to your plan document for a full list of limits/exceptions.
	Children's glasses	\$25; 100% coverage for Provider designated frames	Not covered	Refer to your plan document for a full list of limits/exceptions. Consult your EyeMed Provider for more information on discounts for which you may be eligible
	Children's dental check-up	Balance over \$50	Not covered	No dental network out-of-network

## **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric Surgery
- Cosmetic Surgery

- Hearing Aids
- Infertility Treatment
- Long Term Care

- Private Duty Nursing
- Routine Foot Care

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# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic Care
- Dental Care (Adult)

- Habilitation
- Non-emergency care when traveling outside the U.S.
- Routine eye care (Adult)
- Weight Loss Programs (when participating in approved program)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: BlueChoice HealthPlan at 1-855-816-7636 or visit www.BlueOptionSC.com, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform, or the South Carolina Department of Insurance, Consumer Services Division, Post Office Box 100105, Columbia, SC 29202-3105, telephone: 803-737-6180, Email: consumers@doi.sc.gov.

### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Not Applicable.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-868-2528

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-868-2528

Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-800-868-2528

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-868-2528

## To see examples of how this plan might cover costs for a sample medical situation see the next section

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<sup>\*</sup>For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-868-2528 or visit us at <a href="https://www.BlueOptionSC.com">www.BlueOptionSC.com</a>

## **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$7,350
■ Specialist copayment	\$80
■ Hospital (facility) coinsurance	50%
■ Other <u>coinsurance</u>	50%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

**Total Example Cost** 

In this example, Peg would pay:			
Cost Sharing			
Deductibles	\$7,350		
Copayments	\$10		
Coinsurance	\$1,300		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$8,720		

\$12,700

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$7,350
■ Specialist copayment	\$80
■ Hospital (facility) coinsurance	50%
■ Other <u>coinsurance</u>	50%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (alucose meter)

Total Example Cost	\$5,600
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# In this example, Joe would pay: Cost Sharing Deductibles\* \$900 Copayments \$1,600 Coinsurance \$0 What isn't covered Limits or exclusions \$20

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$7,350
■ Specialist copayment	\$80
■ Hospital (facility) coinsurance	50%
■ Other coinsurance	50%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

**Total Example Cost** 

In this example, Mia would pay:		
Cost Sharing		
Deductibles*	\$2,500	
Copayments	\$200	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,700	

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: www.BlueChoiceSC.com or by calling 1-800-868-2528..
\*Note: This plan may have other <u>deductibles</u> for specific services included in these examples. See "Are there other deductibles for specific services?" row above.

\$2,520

The total Joe would pay is

\$2,800